



SHORINJI KEMPO
少林寺拳法

SHORINJI KEMPO FEBRUARY 2023 SCHEDULE

CHILDREN CLASSES 6:00pm-7:00pm - ADULT CLASSES 7:00pm-8:00pm <http://sk-oc.org> <http://sk-oc.org/>

FEBRUARY 1ST Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

FEBRUARY 2ND THURSDAY CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

~~**FEBRUARY 3TH Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm (NO CLASS)**~~

FEBRUARY 6TH Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

FEBRUARY 8TH Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

FEBRUARY 10TH Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

FEBRUARY 13TH Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

FEBRUARY 15TH Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

FEBRUARY 17TH Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

FEBRUARY 20TH Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

FEBRUARY 22ND Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

FEBRUARY 24TH Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

FEBRUARY 27TH Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

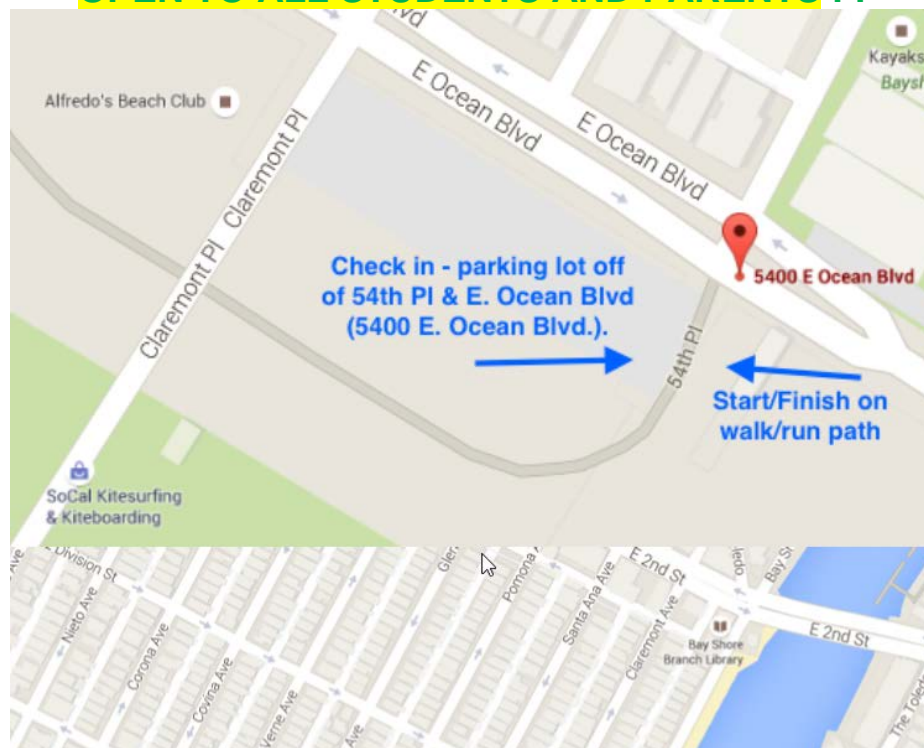
Saturday March 11th, 2023 Charity Walk-Jog-Run 5k (3mile)

5400 East Ocean Blvd. Long Beach

Please go to www.abetterworldrunning.com to register for the fun !!!

Password is "shorinji" (all lowercase)

OPEN TO ALL STUDENTS AND PARENTS !!





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HAPPY NEW YEAR 2023 !!!!

This is the year to Just Do It!!! To get out of your comfort zone and go for the things you've always wanted to do but were too afraid to try. Make the change, so you can reflect and be proud of your accomplishments !!

“Be the change you wish to see in the world.” - Gandhi

JANUARY 4th Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JANUARY 6th Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JANUARY 9th Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JANUARY 11th Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JANUARY 13th Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JANUARY 14th (Sat), 2022 10am-12noon Community Service Clean Up

JANUARY 16th Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JANUARY 18th Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JANUARY 20th Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JANUARY 23th Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JANUARY 25st Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JANUARY 27rd Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JANUARY 30th Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm