

# SHORINJI KEMPO JUNE 2023 SCHEDULE



CHILDREN CLASSES 6:00pm-7:00pm - ADULT CLASSES 7:00pm-8:00pm <http://sk-oc.org>

~~JUNE 2<sup>nd</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm~~ **CANCELLED**

**JUNE 5<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JUNE 7<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JUNE 9<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JUNE 12<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JUNE 14<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JUNE 16<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JUNE 19<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JUNE 21<sup>st</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JUNE 23<sup>rd</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JUNE 26<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JUNE 28<sup>st</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JUNE 30<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**Summer volunteer Shorinji Kempo Teaching**

**June 23<sup>rd</sup> - Aug 19<sup>th</sup>, 2023 Fridays from 11am-12noon**

**Please sign up at the dojo & volunteer to make our community a better place to live**



# SHORINJI KEMPO MAY 2023 SCHEDULE

CHILDREN CLASSES 6:00pm-7:00pm - ADULT CLASSES 7:00pm-8:00pm <http://sk-oc.org>

**MAY 1<sup>st</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MAY 3<sup>rd</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MAY 5<sup>th</sup> ~~NO CLASS Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm~~**

**MAY 8<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MAY 10<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MAY 12<sup>th</sup> Children/Adult Sparring**

**SPARRING TAIKAI (TOURNAMENT)**

**FRIDAY May 12<sup>th</sup>, 2023 6pm-7:30pm**



**MAY 15<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MAY 17<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MAY 19<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MAY 22<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MAY 24<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MAY 26<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MAY 29<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MAY 31<sup>st</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**Summer volunteer Shorinji Kempo Teaching**

**June 23<sup>rd</sup> - Aug 19<sup>th</sup>, 2023 Fridays from 11am-12noon**

**Please sign up at the dojo and volunteer to help others in our community!**



# SHORINJI KEMPO APRIL 2023 SCHEDULE

CHILDREN CLASSES 6:00pm-7:00pm - ADULT CLASSES 7:00pm-8:00pm <http://sk-oc.org> <http://sk-oc.org/>

**APRIL 3<sup>rd</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**APRIL 5<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**APRIL 7<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**APRIL 10<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**APRIL 12<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**APRIL 14<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**APRIL 17<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**APRIL 19<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**Charity Bazaar 6:30 PM TO 8:00 PM**

**April 19th (Wed) & 21st (Fri), 2023**

**Students are encouraged to bring unbroken new/used items to sell \$1, \$3, \$5, \$10+**

**APRIL 21<sup>st</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**APRIL 24<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**APRIL 26<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**APRIL 28<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**SPARRING TAIKAI (TOURNAMENT) 6pm-7:30pm**

**FRIDAY May 12<sup>th</sup>, 2023**



# SHORINJI KEMPO MARCH 2023 SCHEDULE

CHILDREN CLASSES 6:00pm-7:00pm - ADULT CLASSES 7:00pm-8:00pm <http://sk-oc.org> <http://sk-oc.org/>

**MARCH 1<sup>ST</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MARCH 3<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm (NO CLASS)**

**MARCH 6<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MARCH 8<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MARCH 10<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**Saturday March 11<sup>th</sup>, 2023 Charity Walk-Jog-Run 5k (3mile)**

**5400 East Ocean Blvd. Long Beach**

**Please go to [www.abetterworldrunning.com](http://www.abetterworldrunning.com) to register for the fun !!!**

**Password is "shorinji" (all lowercase)**

**OPEN TO ALL STUDENTS AND PARENTS !!**

**MARCH 13<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MARCH 15<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MARCH 17<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MARCH 20<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MARCH 22<sup>nd</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MARCH 24<sup>TH</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MARCH 27<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

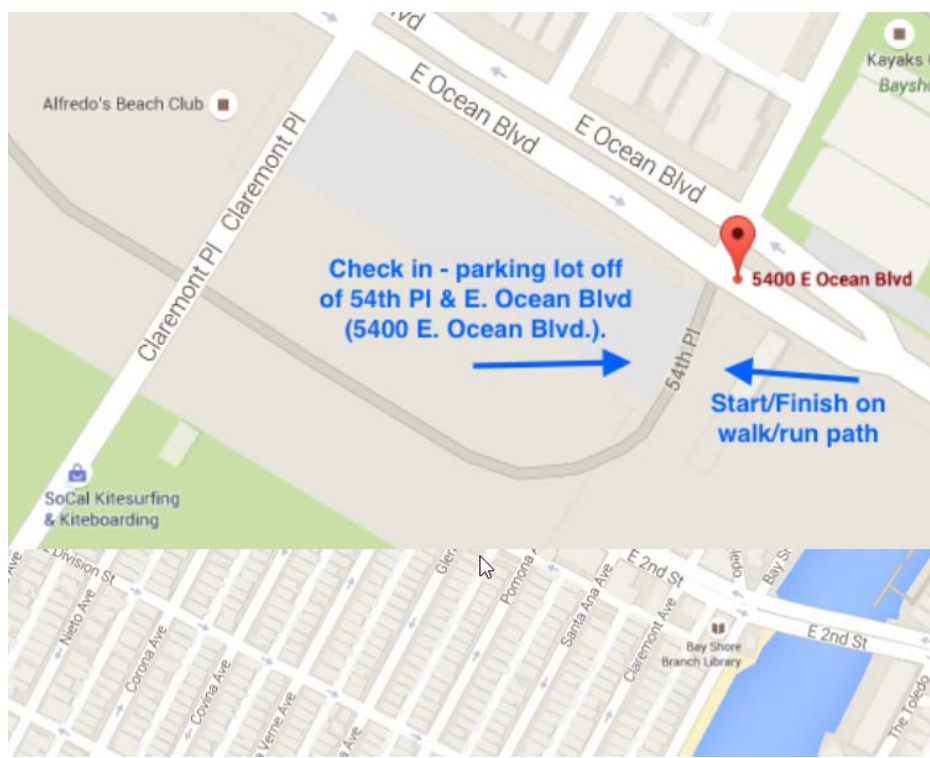
**MARCH 29<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MARCH 31<sup>st</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**Charity Bazaar April 12th (Wed) & 14th (Fri), 2023**

**6:30 PM TO 8:00 PM**

**Students are encouraged to bring unbroken new  
or used items to sell \$1, \$3, \$5, \$10+**





SHORINJI KEMPO  
少林寺拳法

# SHORINJI KEMPO FEBRUARY 2023 SCHEDULE

CHILDREN CLASSES 6:00pm-7:00pm - ADULT CLASSES 7:00pm-8:00pm <http://sk-oc.org> <http://sk-oc.org/>

**FEBRUARY 1<sup>ST</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**FEBRUARY 2<sup>ND</sup> THURSDAY CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

~~**FEBRUARY 3<sup>TH</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm (NO CLASS)**~~

**FEBRUARY 6<sup>TH</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**FEBRUARY 8<sup>TH</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**FEBRUARY 10<sup>TH</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**FEBRUARY 13<sup>TH</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

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**FEBRUARY 17<sup>TH</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**FEBRUARY 20<sup>TH</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**FEBRUARY 22<sup>ND</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**FEBRUARY 24<sup>TH</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**FEBRUARY 27<sup>TH</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

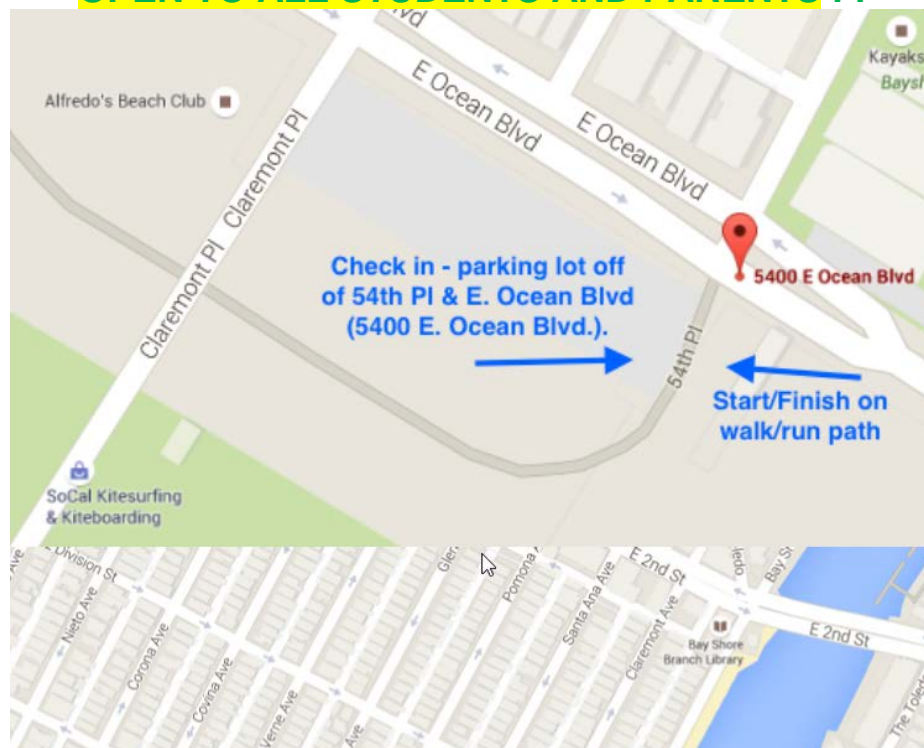
**Saturday March 11<sup>th</sup>, 2023 Charity Walk-Jog-Run 5k (3mile)**

**5400 East Ocean Blvd. Long Beach**

**Please go to [www.abetterworldrunning.com](http://www.abetterworldrunning.com) to register for the fun !!!**

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# SHORINJI KEMPO JANUARY 2023 SCHEDULE

CHILDREN CLASSES 6:00pm-7:00pm - ADULT CLASSES 7:00pm-8:00pm

<http://sk-oc.org> <http://sk-oc.org/>

## HAPPY NEW YEAR 2023 !!!!

This is the year to Just Do It!!! To get out of your comfort zone and go for the things you've always wanted to do but were too afraid to try. Make the change, so you can reflect and be proud of your accomplishments !!

“Be the change you wish to see in the world.” - Gandhi

**JANUARY 4<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JANUARY 6<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JANUARY 9<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JANUARY 11<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JANUARY 13<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JANUARY 14<sup>th</sup> (Sat), 2022 10am-12noon Community Service Clean Up**

**JANUARY 16<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JANUARY 18<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JANUARY 20<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JANUARY 23<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JANUARY 25<sup>st</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JANUARY 27<sup>rd</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JANUARY 30<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**