



SHORINJI KEMPO AUGUST 2023 SCHEDULE

CHILDREN CLASSES 6:00pm-7:00pm - ADULT CLASSES 7:00pm-8:00pm <http://sk-oc.org>

AUGUST 2nd Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

AUGUST 4th Friday CHILDREN 11:00am-12noon VOLUNTEER SK TEACHING!

AUGUST 4th Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

SATURDAY August 5th, 2023, 9am-2pm

Huntington Beach Clean-up & Practice & Party

Corner of Beach Blvd and Pacific Coast Highway (Lifeguard Tower 15)

9:00am-10am Beach Clean up, 10am-11am Shorinji Kempo Practice

11am-2pm Lunch, Swimming, Volleyball... Fun!!!

Please remember to follow city/state beach and swimming safety rules

All parents are responsible for overseeing their children during swimming & playing at the beach/ocean

AUGUST 7th Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

AUGUST 9th Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

AUGUST 11th Friday CHILDREN 11:00am-12noon VOLUNTEER SK TEACHING!

AUGUST 11th Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

AUGUST 14th Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

AUGUST 16th Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

~~AUGUST 18th Friday CHILDREN 11:00am-12noon VOLUNTEER SK TEACHING!~~

AUGUST 18th Friday CHILDREN 6:00pm-7pm ~~ADVANCED 7pm-8pm~~

August 18th (Fri), 2023 Dinner at Perry's Carden Teaching for Summer Volunteers 7:00pm-9:00pm

Thomas Sensei & Joseph & Kendra & Aryana & Scott sensei & Kiarash sensei & Clyde & Tan sensei & Alan & Alvin & Noah & Bodhi & Hanh & Aaron & Coral & Lantz & Dyne (Tran) & Ryan

AUGUST 21st Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

AUGUST 23rd Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

~~AUGUST 25th Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm Class~~

Cancelled due to space availability.

AUGUST 28th Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

AUGUST 30th Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm



SHORINJIKEMPO
少林寺拳法

SHORINJI KEMPO JULY 2023 SCHEDULE

CHILDREN CLASSES 6:00pm-7:00pm - ADULT CLASSES 7:00pm-8:00pm <http://sk-oc.org>

JULY 3rd Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm CANCELLED!



Happy 4th of July!!!!

JULY 5th Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JULY 7th Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JULY 10th Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JULY 12th Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JULY 14th Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JULY 17th Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JULY 19th Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JULY 21st Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JULY 24th Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JULY 26th Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JULY 28th Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JULY 31st Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

SATURDAY August 5th, 2023, 9am-2pm

Huntington Beach Clean-up & Practice & Party

Corner of Beach Blvd and Pacific Coast Highway (Lifeguard Tower 15)

9:00am-10am Beach Clean up, 10am-11am Shorinji Kempo Practice

11am-2pm Lunch, Swimming, Volleyball... Fun!!!

Please remember to follow city/state beach and swimming safety rules

All parents are responsible for overseeing their children during swimming & playing at the beach/ocean

Summer volunteer Shorinji Kempo Teaching

JULY 23rd - Aug 19th, 2023 Fridays from 11am-12noon

Please sign up at the dojo & volunteer to make our community a better place to live

SHORINJI KEMPO JUNE 2023 SCHEDULE



CHILDREN CLASSES 6:00pm-7:00pm - ADULT CLASSES 7:00pm-8:00pm <http://sk-oc.org>

~~JUNE 2nd Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm~~ **CANCELLED**

JUNE 5th Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JUNE 7th Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JUNE 9th Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JUNE 12th Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JUNE 14th Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JUNE 16th Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JUNE 19th Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JUNE 21st Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JUNE 23rd Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JUNE 26th Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JUNE 28st Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JUNE 30th Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

Summer volunteer Shorinji Kempo Teaching

June 23rd - Aug 19th, 2023 Fridays from 11am-12noon

Please sign up at the dojo & volunteer to make our community a better place to live



SHORINJI KEMPO MAY 2023 SCHEDULE

CHILDREN CLASSES 6:00pm-7:00pm - ADULT CLASSES 7:00pm-8:00pm <http://sk-oc.org>

MAY 1st Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

MAY 3rd Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

MAY 5th ~~NO CLASS Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm~~

MAY 8th Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

MAY 10th Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

MAY 12th Children/Adult Sparring

SPARRING TAIKAI (TOURNAMENT)

FRIDAY May 12th, 2023 6pm-7:30pm



MAY 15th Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

MAY 17th Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

MAY 19th Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

MAY 22th Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

MAY 24th Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

MAY 26th Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

MAY 29th Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

MAY 31st Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

Summer volunteer Shorinji Kempo Teaching

June 23rd - Aug 19th, 2023 Fridays from 11am-12noon

Please sign up at the dojo and volunteer to help others in our community!



SHORINJI KEMPO APRIL 2023 SCHEDULE

CHILDREN CLASSES 6:00pm-7:00pm - ADULT CLASSES 7:00pm-8:00pm <http://sk-oc.org> <http://sk-oc.org/>

APRIL 3rd Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

APRIL 5th Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

APRIL 7th Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

APRIL 10th Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

APRIL 12th Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

APRIL 14th Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

APRIL 17th Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

APRIL 19th Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

Charity Bazaar 6:30 PM TO 8:00 PM

April 19th (Wed) & 21st (Fri), 2023

Students are encouraged to bring unbroken new/used items to sell \$1, \$3, \$5, \$10+

APRIL 21st Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

APRIL 24th Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

APRIL 26th Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

APRIL 28th Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

SPARRING TAIKAI (TOURNAMENT) 6pm-7:30pm

FRIDAY May 12th, 2023



SHORINJI KEMPO MARCH 2023 SCHEDULE

CHILDREN CLASSES 6:00pm-7:00pm - ADULT CLASSES 7:00pm-8:00pm <http://sk-oc.org> <http://sk-oc.org/>

MARCH 1ST Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

MARCH 3th Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm (NO CLASS)

MARCH 6th Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

MARCH 8th Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

MARCH 10th Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

Saturday March 11th, 2023 Charity Walk-Jog-Run 5k (3mile)

5400 East Ocean Blvd. Long Beach

Please go to www.abetterworldrunning.com to register for the fun !!!

Password is "shorinji" (all lowercase)

OPEN TO ALL STUDENTS AND PARENTS !!

MARCH 13th Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

MARCH 15th Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

MARCH 17th Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

MARCH 20th Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

MARCH 22nd Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

MARCH 24TH Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

MARCH 27th Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

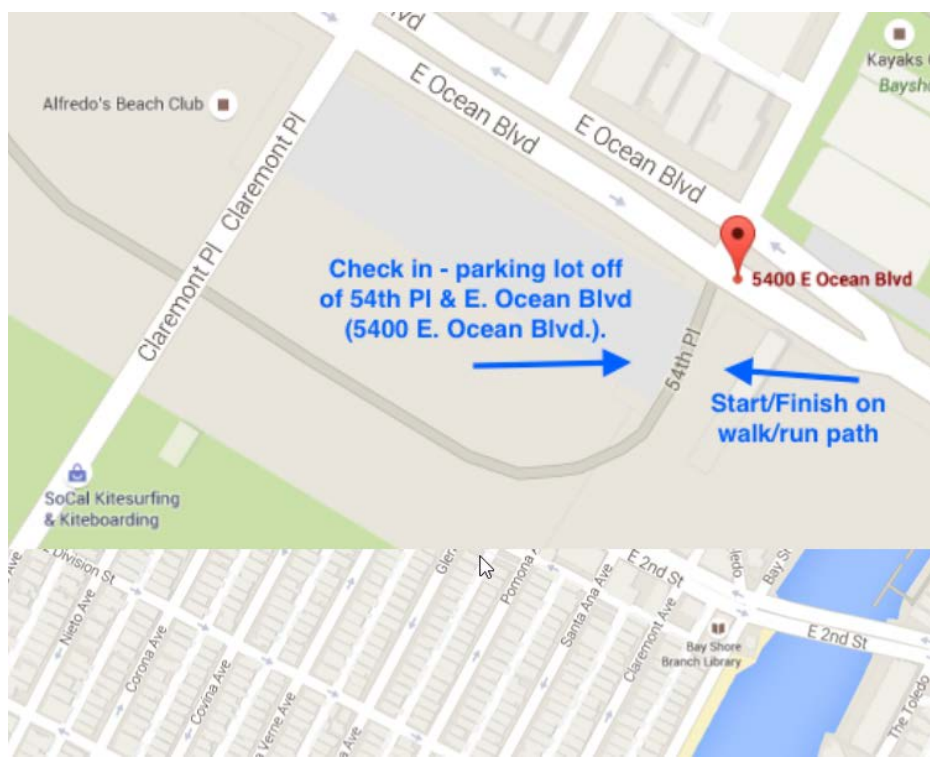
MARCH 29th Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

MARCH 31st Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

Charity Bazaar April 12th (Wed) & 14th (Fri), 2023

6:30 PM TO 8:00 PM

**Students are encouraged to bring unbroken new
or used items to sell \$1, \$3, \$5, \$10+**





SHORINJIKEMPO
少林寺拳法

SHORINJI KEMPO FEBRUARY 2023 SCHEDULE

CHILDREN CLASSES 6:00pm-7:00pm - ADULT CLASSES 7:00pm-8:00pm <http://sk-oc.org> <http://sk-oc.org/>

FEBRUARY 1ST Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

FEBRUARY 2ND THURSDAY CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

~~**FEBRUARY 3TH Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm (NO CLASS)**~~

FEBRUARY 6TH Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

FEBRUARY 8TH Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

FEBRUARY 10TH Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

FEBRUARY 13TH Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

FEBRUARY 15TH Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

FEBRUARY 17TH Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

FEBRUARY 20TH Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

FEBRUARY 22ND Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

FEBRUARY 24TH Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

FEBRUARY 27TH Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

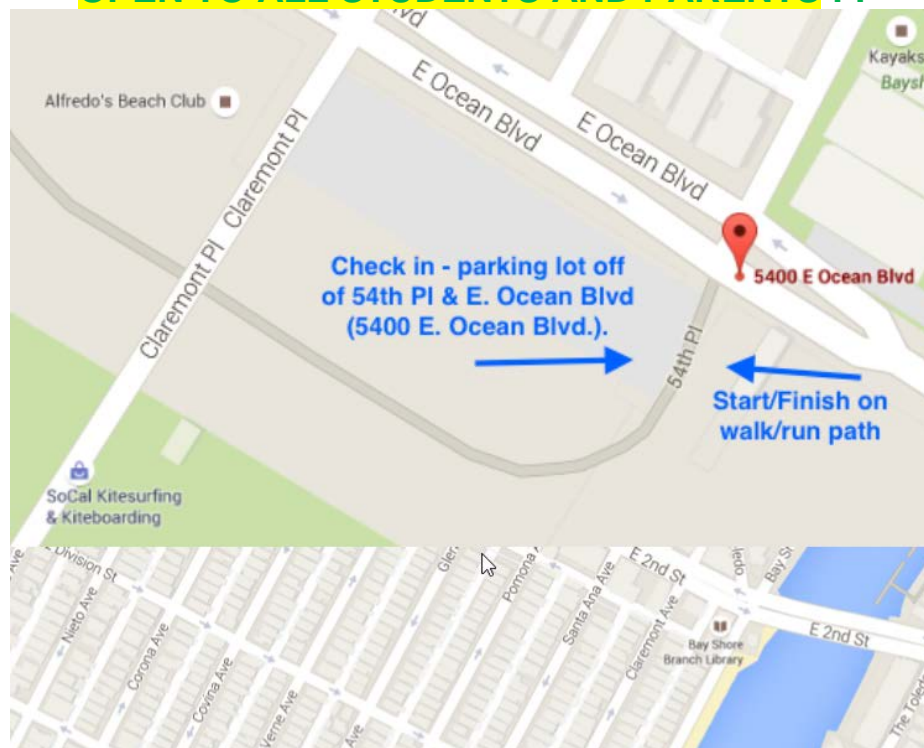
Saturday March 11th, 2023 Charity Walk-Jog-Run 5k (3mile)

5400 East Ocean Blvd. Long Beach

Please go to www.abetterworldrunning.com to register for the fun !!!

Password is "shorinji" (all lowercase)

OPEN TO ALL STUDENTS AND PARENTS !!





SHORINJI KEMPO JANUARY 2023 SCHEDULE

CHILDREN CLASSES 6:00pm-7:00pm - ADULT CLASSES 7:00pm-8:00pm

<http://sk-oc.org> <http://sk-oc.org/>

HAPPY NEW YEAR 2023 !!!!

This is the year to Just Do It!!! To get out of your comfort zone and go for the things you've always wanted to do but were too afraid to try. Make the change, so you can reflect and be proud of your accomplishments !!

"Be the change you wish to see in the world." - Gandhi

JANUARY 4th Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JANUARY 6th Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JANUARY 9th Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JANUARY 11th Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JANUARY 13th Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JANUARY 14th (Sat), 2022 10am-12noon Community Service Clean Up

JANUARY 16th Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JANUARY 18th Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JANUARY 20th Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JANUARY 23th Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JANUARY 25st Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JANUARY 27rd Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

JANUARY 30th Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm