



# SHORINJI KEMPO SEPTEMBER 2023 SCHEDULE

CHILDREN CLASSES 6:00pm-7:00pm - ADULT CLASSES 7:00pm-8:00pm <http://sk-oc.org>

SEPTEMBER 1<sup>st</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

~~SEPTEMBER 4<sup>th</sup> Labor Day No Practice~~

SEPTEMBER 6<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

SEPTEMBER 8<sup>th</sup> Friday CHILDREN 6:00pm-7pm / (Perry's B-Party) 7pm-9pm  
Please reach out to Yukiko (714-585-2162) for any questions of the Perrys' B-Party!!

SEPTEMBER 11<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

SEPTEMBER 13<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

SEPTEMBER 15<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

SEPTEMBER 18<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

SEPTEMBER 20<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

**SEPTEMBER 22<sup>nd</sup> Friday PARENTS SELF DEFENSE CLASS 6:00pm-7pm**

The class is Open to all Parents and Friends !! Please wear loose comfortable clothing!

SEPTEMBER 25<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

SEPTEMBER 27<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

	NAME	Current Rank	EXAM KYU/DAN LEVEL	Written Assignment	Test Fee Paid	Passed	9-1-2023 JANUARY - DECEMBER
			Wednesday September 27th, 2023	Written Assignment			
	Julia Meza	Minarai	8th Kyu				
	Alexandria Lee	8th Kyu	7th Kyu				
	Dyne Hyunh	8th Kyu	7th Kyu				
	Dawson Tran	8th Kyu	7th Kyu				
	Benjamin Phung	8th Kyu	7th Kyu				
	Marcel Arriola	8th Kyu	7th Kyu				
	Raelyn Herrera	8th Kyu	7th Kyu				
	Kailyn Hoang	8th Kyu	7th Kyu				
	Adelyn Hoang	8th Kyu	7th Kyu				
	Tung Hoang	8th Kyu	7th Kyu				
	Kaden Okanak	8th Kyu	7th Kyu				
	Kaylin Ly	8th Kyu	7th Kyu				
			Wednesday September 27th, 2023	Written HW	Test Fee Paid	Passed	
	Kasey Dang	6th Kyu	5th Kyu				
	Ryan Curtiss	6th Kyu	5th Kyu				
	Helen Banh	6th Kyu	5th Kyu				
	Aryana Nguyen	6th Kyu	5th Kyu	YES	YES		Shita uke geri/Jun geri, Yori nuki/Maki nuki
	Adalynn Wallace	6th Kyu	5th Kyu	YES	YES		Shita uke geri/Jun geri, Yori nuki/Maki nuki
	Kendra Dang	6th Kyu	5th Kyu	YES	YES	Passed	Shita uke geri/Jun geri, Yori nuki/Maki nuki
			Wednesday September 27th, 2023	Written Assignment	Test Fee Paid	Passed	
	Aaron Nguyen	3rd Kyu	2nd Kyu				
	Hanh Nguyen	3rd Kyu	2nd Kyu				
	Coral Shimabukuro	3rd Kyu	2nd Kyu				
	Lilah Truong	3rd Kyu	2nd Kyu				
	Khanh-Minh Vu	3rd Kyu	2nd Kyu		YES		
	Bao Chi Tran	3rd Kyu	2nd Kyu				
	Jonathan Tran	3rd Kyu	2nd Kyu				

SEPTEMBER 29<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

**October 12th (Wednesday), 2023 Charity Assembly line 6:30pm-7pm**

Please bring in new items that you want to donate to homeless families, single moms and children!!! Items such as 20 pairs of socks, toilet paper rolls, tooth brushes, handwipes, sanitizer, tooth paste ! Anything you feel that could help people live a better life ! Please reach out to Thomas Sensei/Tan Sensei/Toru sensei to coordinate for items you want to bring in to create and share for wellness bags!



# SHORINJI KEMPO AUGUST 2023 SCHEDULE

CHILDREN CLASSES 6:00pm-7:00pm - ADULT CLASSES 7:00pm-8:00pm <http://sk-oc.org>

AUGUST 2<sup>nd</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

AUGUST 4<sup>th</sup> Friday CHILDREN 11:00am-12noon VOLUNTEER SK TEACHING!

AUGUST 4<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

**SATURDAY August 5<sup>th</sup>, 2023, 9am-2pm**

**Huntington Beach Clean-up & Practice & Party**

**Corner of Beach Blvd and Pacific Coast Highway (Lifeguard Tower 15)**

9:00am-10am Beach Clean up, 10am-11am Shorinji Kempo Practice

11am-2pm Lunch, Swimming, Volleyball... Fun!!!

Please remember to follow city/state beach and swimming safety rules

All parents are responsible for overseeing their children during swimming & playing at the beach/ocean

AUGUST 7<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

AUGUST 9<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

AUGUST 11<sup>th</sup> Friday CHILDREN 11:00am-12noon VOLUNTEER SK TEACHING!

AUGUST 11<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

AUGUST 14<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

AUGUST 16<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

~~AUGUST 18<sup>th</sup> Friday CHILDREN 11:00am-12noon VOLUNTEER SK TEACHING!~~

AUGUST 18<sup>th</sup> Friday CHILDREN 6:00pm-7pm ~~ADVANCED 7pm-8pm~~

August 18th (Fri), 2023 Dinner at Perry's Carden Teaching for Summer Volunteers 7:00pm-9:00pm

Thomas Sensei & Joseph & Kendra & Aryana & Scott sensei & Kiarash sensei & Clyde & Tan sensei &  
& Alan & Alvin & Noah & Bodhi & Hanh & Aaron & Coral & Lantz & Dyne (Tran) & Ryan

AUGUST 21<sup>st</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

AUGUST 23<sup>rd</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

~~AUGUST 25<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm Class~~

Cancelled due to space availability.

AUGUST 28<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm

AUGUST 30<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm



SHORINJI KEMPO  
少林寺拳法

# SHORINJI KEMPO JULY 2023 SCHEDULE

CHILDREN CLASSES 6:00pm-7:00pm - ADULT CLASSES 7:00pm-8:00pm <http://sk-oc.org>

**JULY 3<sup>rd</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm CANCELLED!**



**Happy 4<sup>th</sup> of July!!!!**

**JULY 5<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JULY 7<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JULY 10<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JULY 12<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JULY 14<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JULY 17<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JULY 19<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JULY 21<sup>st</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JULY 24<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JULY 26<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JULY 28<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JULY 31<sup>st</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**SATURDAY August 5<sup>th</sup>, 2023, 9am-2pm**

**Huntington Beach Clean-up & Practice & Party**

**Corner of Beach Blvd and Pacific Coast Highway (Lifeguard Tower 15)**

**9:00am-10am Beach Clean up, 10am-11am Shorinji Kempo Practice**

**11am-2pm Lunch, Swimming, Volleyball... Fun!!!**

**Please remember to follow city/state beach and swimming safety rules**

**All parents are responsible for overseeing their children during swimming & playing at the beach/ocean**

**Summer volunteer Shorinji Kempo Teaching**

**JULY 23<sup>rd</sup> - Aug 19<sup>th</sup>, 2023 Fridays from 11am-12noon**

**Please sign up at the dojo & volunteer to make our community a better place to live**



# SHORINJI KEMPO JUNE 2023 SCHEDULE

CHILDREN CLASSES 6:00pm-7:00pm - ADULT CLASSES 7:00pm-8:00pm <http://sk-oc.org>

~~JUNE 2<sup>nd</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm~~ **CANCELLED**

**JUNE 5<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JUNE 7<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JUNE 9<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JUNE 12<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JUNE 14<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JUNE 16<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JUNE 19<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JUNE 21<sup>st</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JUNE 23<sup>rd</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JUNE 26<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JUNE 28<sup>st</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JUNE 30<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**Summer volunteer Shorinji Kempo Teaching**

**June 23<sup>rd</sup> - Aug 19<sup>th</sup>, 2023 Fridays from 11am-12noon**

**Please sign up at the dojo & volunteer to make our community a better place to live**

# SHORINJI KEMPO MAY 2023 SCHEDULE

CHILDREN CLASSES 6:00pm-7:00pm - ADULT CLASSES 7:00pm-8:00pm <http://sk-oc.org>

**MAY 1<sup>st</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MAY 3<sup>rd</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MAY 5<sup>th</sup> ~~NO CLASS Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm~~**

**MAY 8<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MAY 10<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MAY 12<sup>th</sup> Children/Adult Sparring**

**SPARRING TAIKAI (TOURNAMENT)**

**FRIDAY May 12<sup>th</sup>, 2023 6pm-7:30pm**



**MAY 15<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MAY 17<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MAY 19<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MAY 22<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MAY 24<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MAY 26<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MAY 29<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MAY 31<sup>st</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**Summer volunteer Shorinji Kempo Teaching**

**June 23<sup>rd</sup> - Aug 19<sup>th</sup>, 2023 Fridays from 11am-12noon**

**Please sign up at the dojo and volunteer to help others in our community!**



# SHORINJI KEMPO APRIL 2023 SCHEDULE

CHILDREN CLASSES 6:00pm-7:00pm - ADULT CLASSES 7:00pm-8:00pm

<http://sk-oc.org> <http://sk-oc.org/>

**APRIL 3<sup>rd</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**APRIL 5<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**APRIL 7<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**APRIL 10<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**APRIL 12<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**APRIL 14<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**APRIL 17<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**APRIL 19<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**Charity Bazaar 6:30 PM TO 8:00 PM**

**April 19th (Wed) & 21st (Fri), 2023**

**Students are encouraged to bring unbroken new/used items to sell \$1, \$3, \$5, \$10+**

**APRIL 21<sup>st</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**APRIL 24<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**APRIL 26<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**APRIL 28<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**SPARRING TAIKAI (TOURNAMENT) 6pm-7:30pm**

**FRIDAY May 12<sup>th</sup>, 2023**





# SHORINJI KEMPO MARCH 2023 SCHEDULE

CHILDREN CLASSES 6:00pm-7:00pm - ADULT CLASSES 7:00pm-8:00pm

<http://sk-oc.org> <http://sk-oc.org/>

**MARCH 1<sup>ST</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MARCH 3<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm (NO CLASS)**

**MARCH 6<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MARCH 8<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MARCH 10<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**Saturday March 11<sup>th</sup>, 2023 Charity Walk-Jog-Run 5k (3mile)**

**5400 East Ocean Blvd. Long Beach**

**Please go to [www.abetterworldrunning.com](http://www.abetterworldrunning.com) to register for the fun !!!**

**Password is "shorinji" (all lowercase)**

**OPEN TO ALL STUDENTS AND PARENTS !!**

**MARCH 13<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MARCH 15<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MARCH 17<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MARCH 20<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MARCH 22<sup>nd</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MARCH 24<sup>TH</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MARCH 27<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

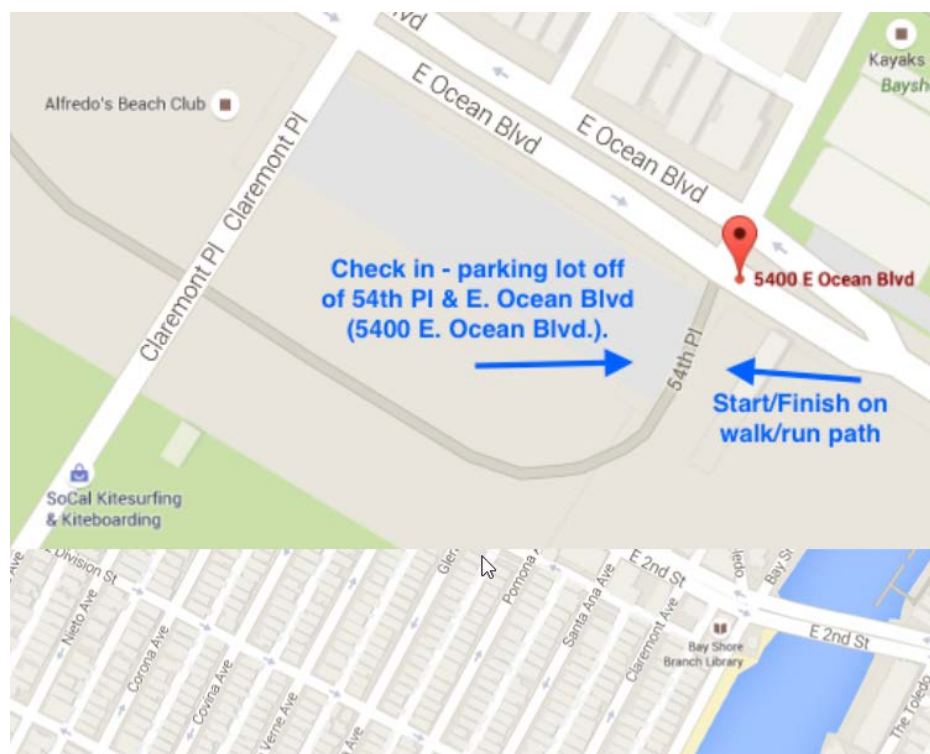
**MARCH 29<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**MARCH 31<sup>st</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**Charity Bazaar April 12th (Wed) & 14th (Fri), 2023**

**6:30 PM TO 8:00 PM**

**Students are encouraged to bring unbroken new  
or used items to sell \$1, \$3, \$5, \$10+**







# SHORINJI KEMPO FEBRUARY 2023 SCHEDULE

CHILDREN CLASSES 6:00pm-7:00pm - ADULT CLASSES 7:00pm-8:00pm

<http://sk-oc.org> <http://sk-oc.org/>

**FEBRUARY 1<sup>ST</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**FEBRUARY 2<sup>ND</sup> THURSDAY CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

~~**FEBRUARY 3<sup>TH</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm (NO CLASS)**~~

**FEBRUARY 6<sup>TH</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**FEBRUARY 8<sup>TH</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**FEBRUARY 10<sup>TH</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**FEBRUARY 13<sup>TH</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**FEBRUARY 15<sup>TH</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**FEBRUARY 17<sup>TH</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**FEBRUARY 20<sup>TH</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**FEBRUARY 22<sup>ND</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**FEBRUARY 24<sup>TH</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**FEBRUARY 27<sup>TH</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

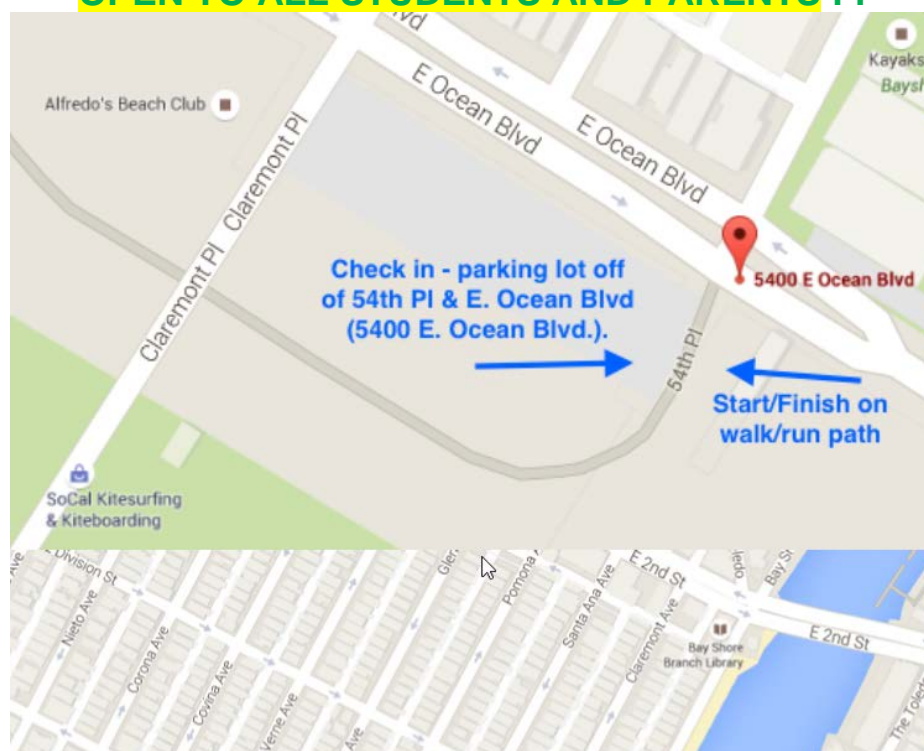
**Saturday March 11<sup>th</sup>, 2023 Charity Walk-Jog-Run 5k (3mile)**

**5400 East Ocean Blvd. Long Beach**

**Please go to [www.abetterworldrunning.com](http://www.abetterworldrunning.com) to register for the fun !!!**

Password is "shorinji" (all lowercase)

**OPEN TO ALL STUDENTS AND PARENTS !!**





# SHORINJI KEMPO JANUARY 2023 SCHEDULE

CHILDREN CLASSES 6:00pm-7:00pm - ADULT CLASSES 7:00pm-8:00pm

<http://sk-oc.org> <http://sk-oc.org/>

## **HAPPY NEW YEAR 2023 !!!!**

**This is the year to Just Do It!!! To get out of your comfort zone and go for the things you've always wanted to do but were too afraid to try. Make the change, so you can reflect and be proud of your accomplishments !!**

**"Be the change you wish to see in the world." - Gandhi**

**JANUARY 4<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JANUARY 6<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JANUARY 9<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JANUARY 11<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JANUARY 13<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JANUARY 14<sup>th</sup> (Sat), 2022 10am-12noon Community Service Clean Up**

**JANUARY 16<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JANUARY 18<sup>th</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JANUARY 20<sup>th</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JANUARY 23<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JANUARY 25<sup>st</sup> Wednesday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JANUARY 27<sup>rd</sup> Friday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**

**JANUARY 30<sup>th</sup> Monday CHILDREN 6:00pm-7pm ADVANCED 7pm-8pm**